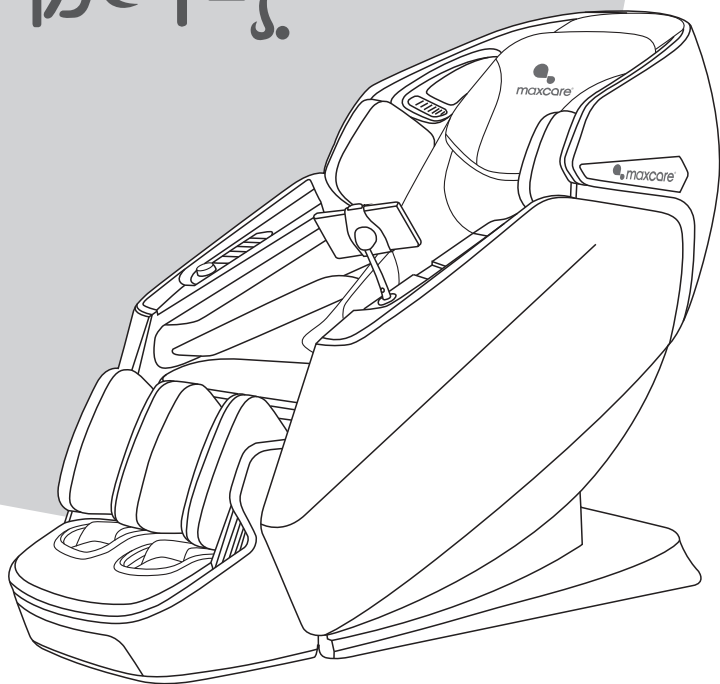


YOGA CHAIR —
瑜伽椅



User Manual

MAX- B02R60





COMPANY PROFILE

After two decades of experience in the health industry, **maxcare** founder utilized his knowledge and expertise in massage therapy from an Asian-Pacific perspective to establish our brand - **maxcare**. Our massage therapy business was expanded to Hong Kong in 2012 and is conferred 2017 Hong Kong Top Brand Award. Based in Hong Kong, we are specializing in design & innovation, manufacturing, and retailing of massage and healthcare products.

Believing in the value of 'Technology improves our quality of life' and 'Caring for your family', **maxcare** has been innovating highly qualified products with international patents. Besides, **maxcare** products fulfill various international safety standards, namely EU CE Mark, US UL/ETL Mark, Germany GS Mark, TUV certification, and China CCC Mark.

Motivated by our value, **maxcare** founder has been leading us to be one of the most competitive brands in Hong Kong health industry. **maxcare** applies the contemporary fashion design – neat and modern – on the mechanical engineering of massage chairs. To deliver our value and offer incredible massage experience and healthcare solution to the public, **maxcare** devotes to the innovation, design, manufacturing the top-notch family massage products. By integrating the company philosophy –Spirit of Healthy Life - into our products, **maxcare** brings health to everyone.



Thank you for purchasing maxcare®'s products. Before using the product, please read this manual thoroughly, particularly the Safety Precautions section, for the correct use of the product.

This manual should be well kept for easy reference. It enables you to perform a safe and efficient operation.

CONTENT

Safety Precautions	P.01 - P.07
Name and Function of Components	P.08 - P.32
How to Use	P.33
Cleaning and Maintenance	P.34 - P.35
FAQs and Solutions	P.36
Technical Specifications	P.37



Safety Precautions



1. Important safety warning

- Please read this manual instruction carefully before operation.
- Any other usage that is not listed in this manual instruction is forbidden.
- Keep children and pets away from the movable parts of this product to avoid accidents caused by the up-and-down-ward movement of the calf rest and back cover.
- When in use, sliding or transporting, please ensure that there are no people or pets nearby (the back, bottom, front and sides of the product), and that no foreign objects or pets inside the product, to avoid accidents.
- Please use well-grounding power supply suited to this product.
- Please pull out the plug after use or before cleaning to avoid injury or damage to the product.
- Do not use unauthorized accessories.
- Do not use this product outdoors.
- People whose bodies are wet are forbidden to use this product.
- Recommended usage time of this product is 20 minutes/ session.
- Please check if any part of this products is damaged before use. If so, please do not use it and contact us for repair.
- Please do not use it if the cover is broken or damaged.
- Please do not use it if the shell or surface is damaged.
- Please do not drop anything into this product.
- Please do not fall asleep while using this product.
- Please do not use it if drunk or feeling unwell.
- Please do not use it within one hour after having meal.
- Please do not adjust to the maximum intensity at the beginning of the massage to avoid possible injury.
- Please do not keep sharp objects in pockets when use.
- Keep the plug clean from needles, rubbish or water.
- If the power cord is damaged, do not attempt to change on your own. Please contact us for repair for safety reasons.



2. Environment for usage

- Please do not use it in a moist environment such as bathrooms.
- Please do not use it when there is a drastic change in temperature.
- Please do not use it under heavy-dusty or caustic environment.
- Please do not use it where there is not enough space or not good ventilation.
- Please switch off the power and unplug the machine after use.
- Please do not use it when surrounding temperature is up to 40°C.
- Please do not use it when surrounding temperature is below 5°C. The lubricant can thicken quickly and increase the friction between parts.
- Turn off and pull out the plug during thunderstorms.
- Place the product on a flat surface.
- Do not use outdoors.
- Do not place it near fire or directly under the sun.
- When moved from a low-temperature storage to a warm environment, the moisture inside the machine may affect, or damage, its functionality. Please rest the product within room temperature for 1 hour before use.



3. People who have the below symptoms, please consult a doctor before use

- People who are suffering from osteoporosis.
- People who have cancers, acute illnesses, heart diseases, or severe high blood pressure, etc. are not suitable to use this product.
- People who have/ had back pain, or legs, waist, neck numbness/ injuries (disc herniation, spondylosis and cervical protrusion, etc. patients) are not suitable to use this product.
- People who have rheumatoid arthritis, rheumatism, gout are not suitable to use this product.
- People who have respiratory difficulties are not suitable to use this product.
- People who have blood circulation problems such as thrombosis, severe aneurysm, or acute venous tumor, or infectious skin diseases are not suitable to use this product.
- People who have perception disorders due to diabetes are not suitable to use this product.
- People who have spinal abnormalities or spine curvature disorders are not suitable to use this product.
- People whose health condition is poor are not suitable to use this product.
- People who are suffering from heart disease or carrying electronic medical equipment such as heart pacemaker.
- People who have a fever.



Safety Precautions

- Pregnant women or women that are in menses period.
- People who got injured or skin diseases.
- Children under 14-year old or people mentally unbalanced without being supervised are not allowed to use this machine.
- People who are told by doctor to have rest or people who feel unwell.
- The appliance has heating function. People who are insensitive to heat must be careful when using the appliance.
- People who are receiving medical treatment, especially those who are physically unfit.
- People who have open wounds.
- People who aim for recovery.



4. Safety

- Please do not place heavy objects on this product.
- Do not use other therapy devices while using this product.
- This product is not to be used for medical treatment purpose.
- Only one person at a time.
- Recommended usage time of this product is 20 minutes/ session.
- It is possible to place a mat underneath the machine to avoid damage to the floor.
- For safety reason, maintain a minimum of 0.5m between the product and others when use.
- Check if the voltage is suitable to the specification of this product.
- Do not use wet hands to pull the plug.
- Do not allow water to get into the product, to avoid electric shock or damage to this product.
- Do not pull or drag the power cord when unplugging. Please be gentle.
- Do not damage the wires or change the circuit of this product.
- Do not use wet cloths to clean the electric parts such as the switch and plug.
- Be away from this product during power cut to prevent injury in case power resumes suddenly.
- Stop using this product if there appears any irregularity, and please contact us immediately.
- Stop using this product if it causes discomfort, and please consult a doctor.
- This appliance is not intended for people (including children) with reduced physical, sensory or mental capabilities, or a lack of experience and knowledge, unless they are under supervision or instruction concerning the use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.
- If the power cord is damaged, it must be replaced by us in order to avoid a hazard.
- Do not ride on the handle to avoid injury or malfunction.
- Keep the power cord away from hot or moving objects.
- Please cut off power and pull out plug before moving.
- If the product is found damaged, broken, suffering from power leakage, or with exposed parts, please stop using it.



5. Maintenance

- This product should be maintained by us, users are prohibited to disassemble or maintain by themselves.
- Please always turn off the main power after use.
- Do not use this product if the socket is loose.
- If this product is to be left idle for long, please tie up the power cords and keep it in dry and dustless environment.
- Do not keep this product at a high temperature or near fire. Do not keep under direct sunlight.
- Please clean this product with dry cloths. Do not use thinner, benzene or alcohol.
- The mechanical components of this product are specially designed and made, no special maintenance required.
- Do not point sharp objects at this product.
- Do not roll or pull this product above uneven ground, it should be lifted before moving.
- Please use it intermittently; do not keep it continuously running for long.



6. Solution of ordinary malfunctions

- It is normal if the motor makes noises during operation.
- If the remote control can't work normally, please check the plug and socket if they are connected, and make sure the switch is turned on.
- If the rated working time is over, the power will automatically go off. If this product works continuously for too long, the temperature control will automatically turn off the machine, if so, please allow a 30-minute break before resuming.



CAUTION

Please make sure all the power is cut off before moving.
The power cord and all other cables should be disconnected.

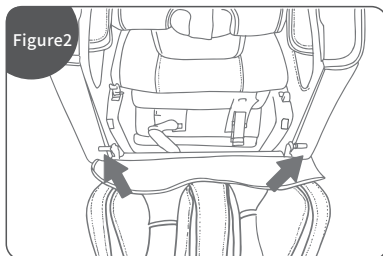
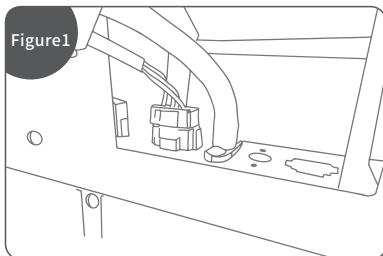


Safety Precautions

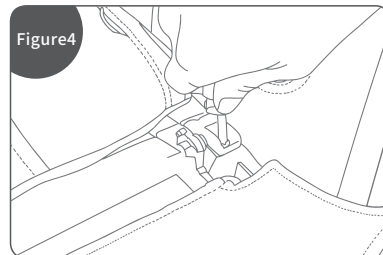
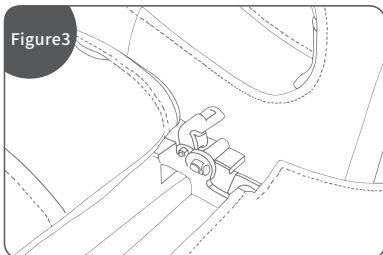
Calf Installation Instruction

Calf Installation Instructionv

1. Connect the wires and the air hose between the legrest and the massage chair(Figure1).
2. Take out the bushings and screws from the accessory bag and install the left and right bushings(Figure2).

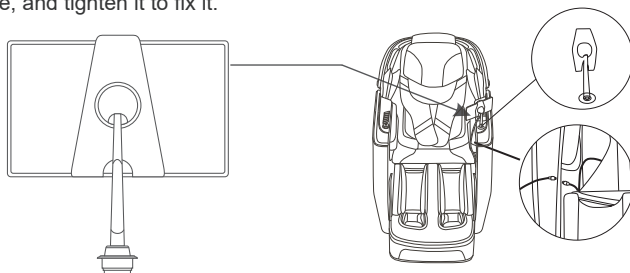


3. Make sure the leg is correctly placed(Figure3).
4. Fasten the legrest to the massage chair with a screwdriver, Check whether there is any abnormality during turning up and down, or any tube, cable or wire is folded. And then zip up the seat cushion, if everything is OK, the legrest is installed(Figure4).



LCD Screen installation instructions

Align the thread on the support knob of the screen frame assembly with the thread position of the support mounting seat on the armrest of the massage chair, turn it clockwise, and tighten it to fix it.





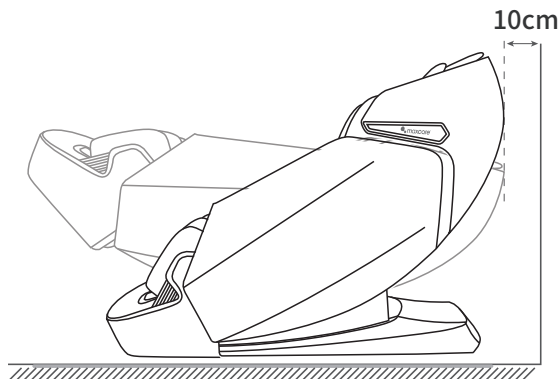
Safety Precautions

Place Massage Chair



Installation placement

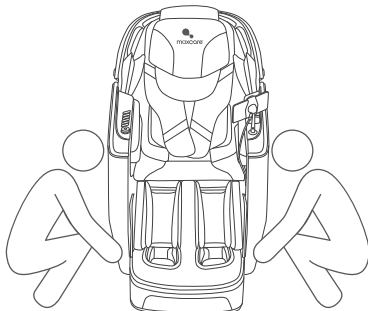
Make sure there is enough space for the massage chair to tilt. Do not expose the massage chair to the direct sunlight or high temperature condition (e.g. in front of heating equipment), as it may lead to color fading or hardening of the synthetic leather of the massage chair. Please lay a mat under the machine to avoid causing damage to the floor. When laying the mat, the size of mat should be big enough to cover the contact area between the machine and the floor and the foot contact area.



Product movement instruction

It must be handled by two or more people to lift and move the chair to avoid injury.

1. Please lift and move the massage chair on the damageable floor, such as the wood floor.
2. Lifting is recommended when moving on similar wooden floors. To prevent the casters from damaging the floor. When lifting and moving the massage chair to the designated position, while putting it down, pay attention to avoiding with your hands to avoid injury, and be careful that your feet are crushed. Do not let go of the machine until the machine is entirely flat. The floor may be damaged. It is recommended to place items such as mats on the floor.





Safety Precautions

Place Massage Chair

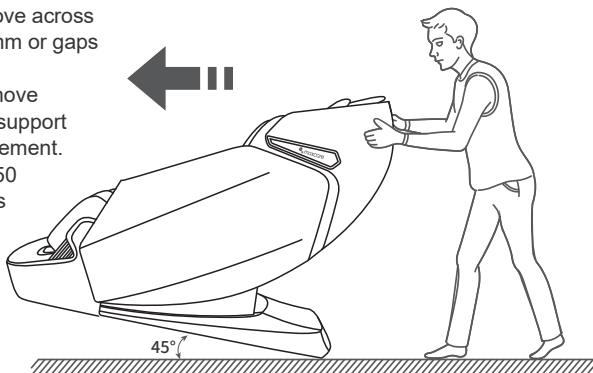


Move method

Use the rear casters to move the massage chair. Move the chair by tilting it downward and backward about 45° as shown in the diagram.

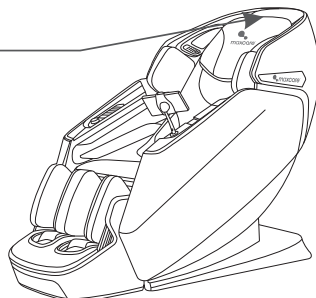
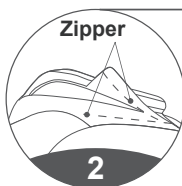
Note: Excessive force will cause the chair to flip over and damage.

1. Press the "on / off" key to turn off all functions. Reset the backrest and leg rest of the machine to the original position.
2. Please keep the chair vacant when moving, and keep people, pets, or clutter away from the chair.
3. Do not use casters to move across obstacles higher than 2mm or gaps larger than 5mm.
4. When using casters to move this product, it does not support a single continuous movement. If the distance exceeds 50 meters, please move this product slowly.



How to disassemble and use headrest cushion and backrest cushion

Using a headrest cushion can reduce the intensity of kneading massage on the neck and shoulders, and you can decide whether to use a headrest cushion according to your needs (it's recommended to use a headrest cushion). The backrest cushion and the backrest are connected by a zipper (1), and the headrest cushion and the backrest cushion are connected by a zipper (2).





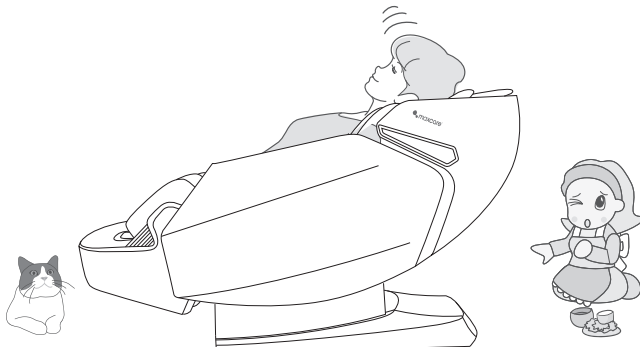
Safety Precautions

Before Use



Check around

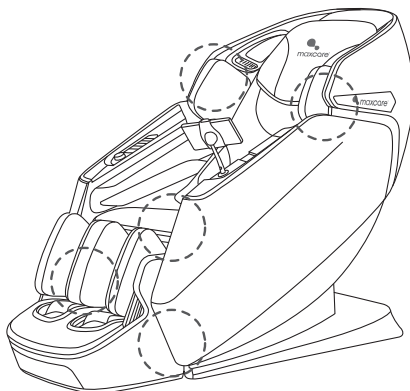
When switch to “Zero Gravity” mode, please ensure that there are no kids or pets under the calf rest and back area of the massage chair, or else there will be damage to the products as well as personal injury due to the downward movement of the chair.



Make sure there is no foreign object in the gap of the machine.

Before massage, please ensure that there is no foreign object in the legs and foot and other positions.

Do not stretch your hands, fingers, feet and head into the gap between the legs and the seat and between the legs and the armrest. Do not stretch your hands, arms or head into the gap between the backrest and the rear cover. Do not put your pets on massage chairs (seat, backrest, armrests, leg rest, etc.).





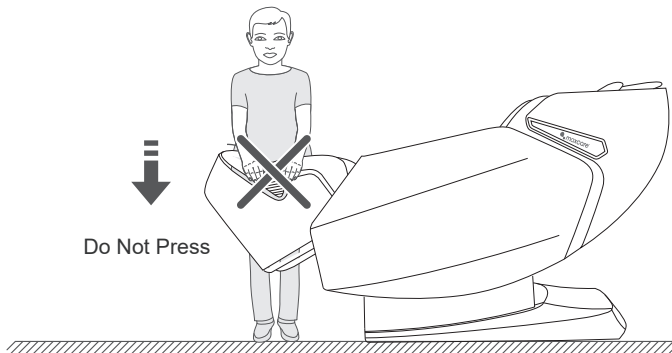
Safety Precautions

Before Use



Warning

When the calf rest is ascending during use, do not apply pressure on it. This is to prevent the massage chair from falling forward and causing damage or injury.

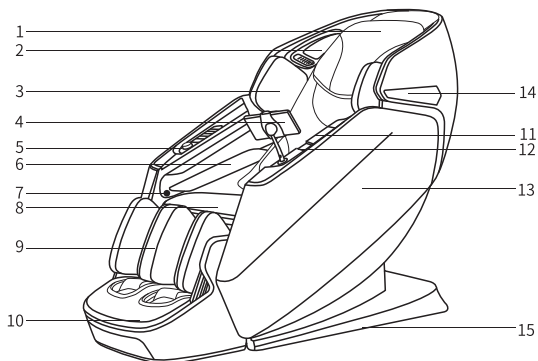


Warning

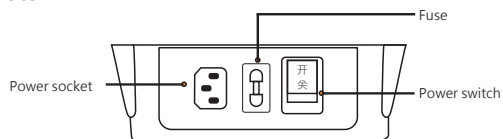
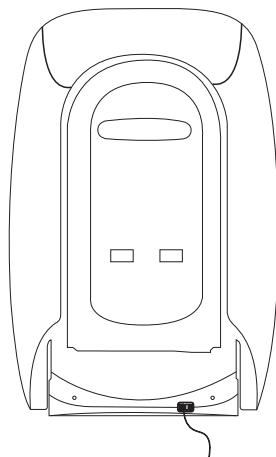
Prior to sitting on the massage chair, please make sure the mechanical massage hands are not located under the seat. This is to avoid the discomfort caused to the hip area when sitting and the possible damage to the massage hands.



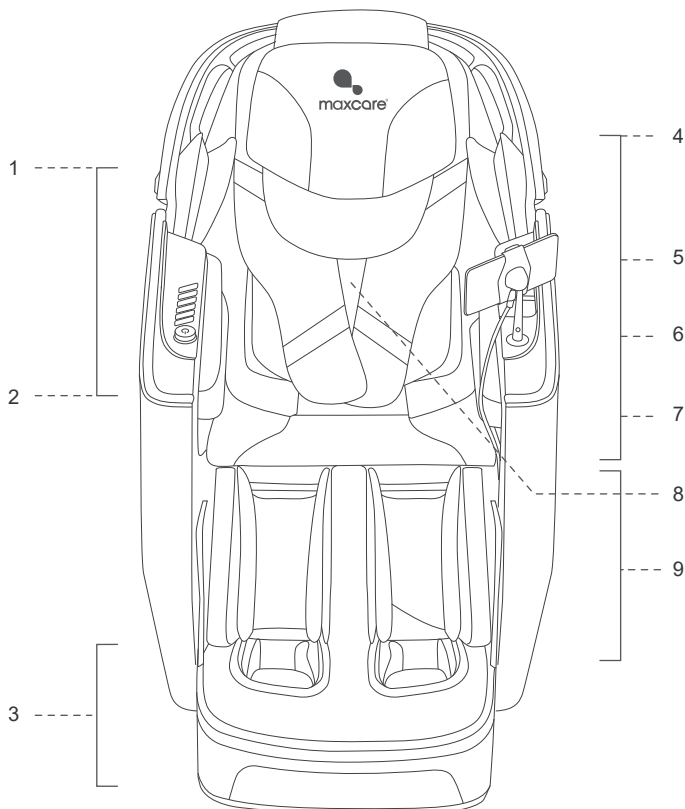
Name and Function of Components



1. Head pillow
2. Speaker
3. Shoulder massage unit
4. Controller
5. Shortcut buttons
6. Armrest massage unit
7. Health detection device
8. Seat cushion
9. Leg massage unit
10. Foot massage unit
11. Wireless charger
12. USB
13. Armrest
14. LED Light
15. Bottom plate



Name and Function of Components



1. Shoulder

- Airbags massage

2. Armrest

- Airbags massage
- Bump massage

3. Foot

- Foot Roller massage
- Airbags massage
- Electric retractable calf stand

4. Both sides of the head

- 3D digital Music player

5. Head & neck

- Mechanical massage

6. Arm

- Controller holder

7. Arm

- USB charge
- Wireless charge

8. Heat

- Heating function

9. Leg

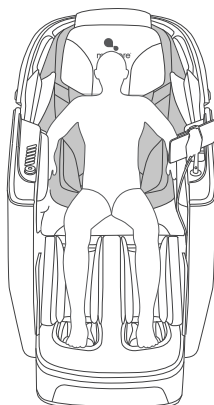
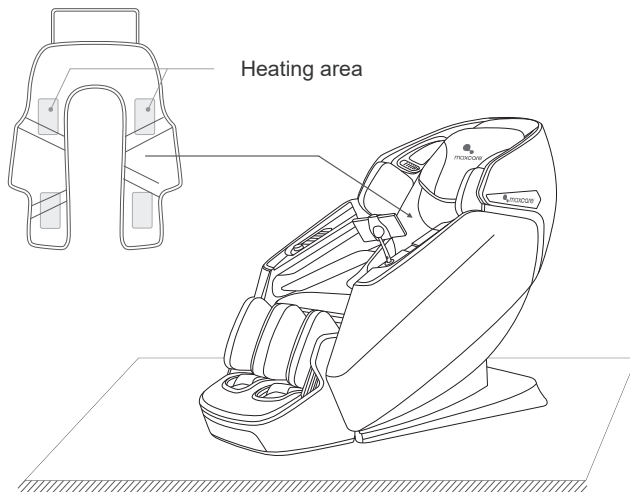
- Oscillation calf kneading



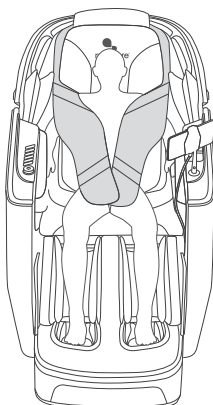
Name and Function of Components

How to use the shawl

1. With a unique shawl design, the heating function is innovatively set on the back, shoulder, waist and abdomen. Users can place the shawl on different parts according to massage needs.



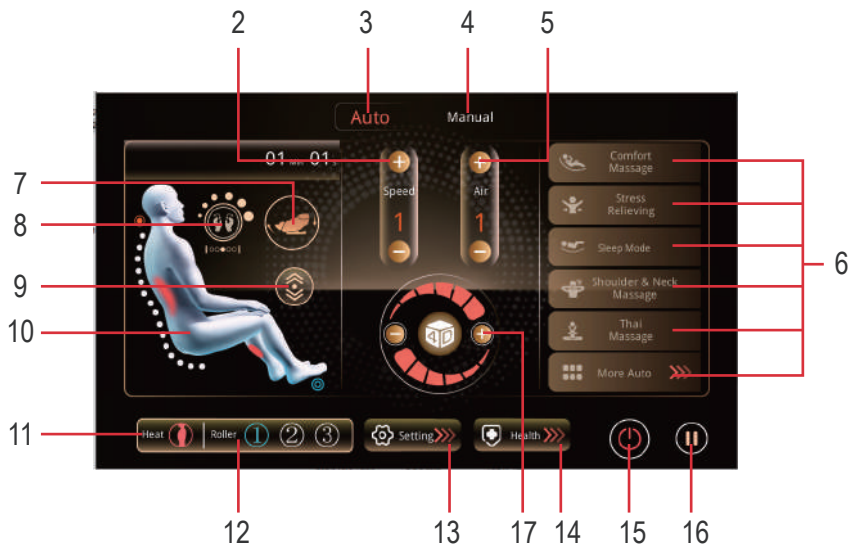
Schematic diagram
of use on back and waist



Schematic diagram of use
on shoulder and abdomen

Name and Function of Components

LCD Screen



1. LCD Screen:
Display all massage functions.

2. Speed
Under Manual mode, 6 speed levels can be adjusted.

3. Automatic mode
When this part is lit, it means that the current program is the automatic massage program.

4. Manual mode
When this part is lit, it means that the current program is the manual massage techniques.

5. Air
6 air pressure levels can be adjusted.

6. Automatic mode display
5 automatic programs can be quickly selected, and you can also press More Auto to select other automatic programs.



Name and Function of Components

7. Sitting position adjustment

Click this button to enter the sitting position adjustment page. There are three levels of zero gravity adjustment, backrest up and down, leg extend and shorten, leg up and down, and calf kneading functions can be freely adjusted.

8. Massage technique display

The currently running massage technique is displayed here, the techniques in automatic mode and manual mode are displayed.

9. Shoulder position adjustment

Manually adjust the massage acupressure point of human shoulder position.

10. Massage status

Displays current massage area.

11. Heat

Heating switch on/off.

12. Roller

3 foot roller massage levels can be adjusted.

13. Settings

Click to enter the settings page. You can adjust the screen brightness, volume, Bluetooth, LED light, screen off time, massage time, and language.

14. Health

Heart rate, blood oxygen, microcirculation and other tests.

15. Power key

Turn off the massage chair.

16. Pause

Pause/resume the massage chair.

17. 4D massage intensity adjustment

Adjust the 4D massage intensity, 6 levels can be adjusted.

Name and Function of Components

Quick Control Panel



- **Power key:** Long press this button to switch on/off the power; short press this button to toggle among 5 automatic programs.
- **4D strength control:** Turn the control clockwise to increase the 4D strength and turn anticlockwise to decrease the 4D strength.
- **Manual mode:** Toggle among 6 massage techniques: knead, tap, knead & tap, knock, shiatsu, 4D method.
- **Heating:** Press this button to turn on the heat function on the waist and leg, and press this button again to turn off the heat function.
- **Back up:** Press and hold this button to raise the back, and release the button to stop.
- **Back down:** Press and hold this button to recline the back, and release the button to stop.
- **Leg up:** Press and hold this button to raise the foot unit, and release the button to stop.
- **Leg down:** Press and hold this button to lower the foot unit, and release the button to stop.

Name and Function of Components

Automatic Programs



Ultimate Care: Five groups of automatic modes for different parts of the body, Shoulder & Neck Massage, Rocking Chair, Joint Care, Spine Care, Waist & Hip Massage.

Shoulder & Neck Massage: Massage techniques for the shoulders and neck can effectively relieve shoulder and neck pain and improve fatigue.

Rocking Chair: Massage program for the whole body, effectively relax the whole body and help you fall asleep.

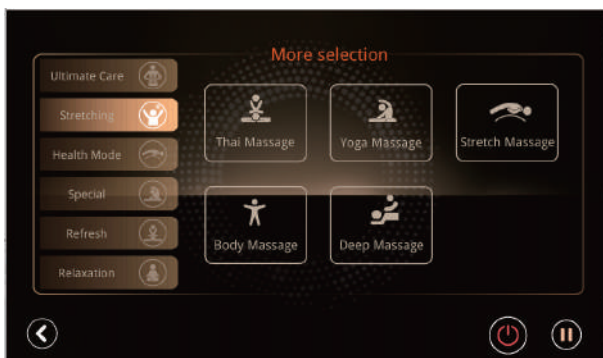
Joint Care: Massage techniques for joints can effectively relieve joint pain and improve fatigue.

Spine Care: Massage techniques for the spine can effectively relieve spinal pain and fatigue.

Waist & Hip Massage: Massage techniques for the waist and hips can effectively relieve waist and hip pain and fatigue.



Name and Function of Components



Stretching: Five sets of stretching and relaxation programs for different body needs, Thai Massage, Yoga Massage, Stretch Massage, Body Massage, Deep Massage.

Thai Massage: Simulates Thai massage techniques and unique stretching techniques to stretch the spine and relax the whole body.

Yoga Massage: Combines body and leg stretching into the program, suitable for users who want to stretch the whole body muscles with moderate strength. This program can effectively restore body vitality and flexibility (background music is automatically turned on in this program).

Stretch Massage: Full body stretching with heavy strength, suitable for users who want to stretch the whole body, relieve fatigue and restore body vitality and flexibility.

Body Massage: Full body airbag kneading cooperates with the back roller to deeply relieve pressure and relax the body muscles.

Deep Massage: Combines kneading, shiatsu and other massage techniques, like a real gentle hands, deep massage to soothe fatigue and stress.



Name and Function of Components



Health Mode: Five groups of traditional massage programs, Acupoint Massage, Body Balance, Foot Massage, Shiatsu Massage, Health Massage.

Acupoint Massage: Mainly based on shiatsu techniques, combined with knead technique to achieve precise acupoint massage.

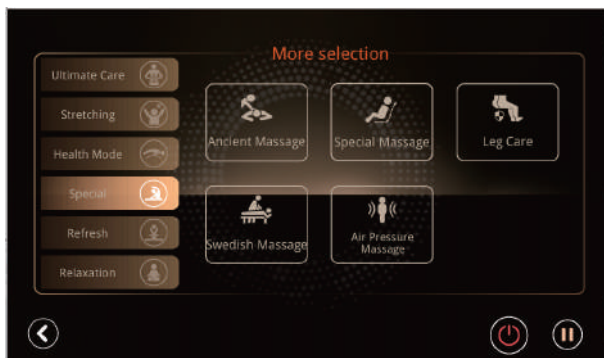
Body Balance: Mainly kneading techniques, combined with tapping, and timely stretching to relax the entire body.

Foot Massage: A massage for the feet, foot airbags and stretching can effectively relieve foot fatigue.

Shiatsu Massage: Combines kneading, shiatsu and other massage techniques, like a real gentle hands, deeply massaging and soothing fatigue and stress.

Health Massage: The massage roller will go up and down, combined with airbag massage on the hands and feet and heating function, to relieve fatigue and restore vitality.

Name and Function of Components



Special: Five programs with different massage features, Ancient Massage, Special Massage, Leg Care, Swedish Massage, Air Pressure Massage.

Ancient Massage: Moderate strength, combining shiatsu, kneading, tapping, knocking and other massage techniques to deeply relax the back muscles.

Special Massage: Chair rocking and airbags inflating, light and slow swinging, to achieve the effect of relieving physical and mental state.

Leg Care: Unique massage technique for the legs, effectively relieve leg soreness and improve leg fatigue.

Swedish Massage: The massage strength ranges from light to heavy, gradually relax the whole body, and effectively relieve muscle soreness in the body and effectively promote the recovery of fatigue.

Air Pressure Massage: The airbags all over the body, with light and heavy massage in order, relax the whole body muscle soreness.

Name and Function of Components



Refresh: Five massage programs for quick rejuvenation, Quick Massage, Sport Recovery, Brain Refresh, Office Regimen, Vitality Mode.

Quick Massage: Fast and accurate combination massage, saving time and relaxing the body and mind.

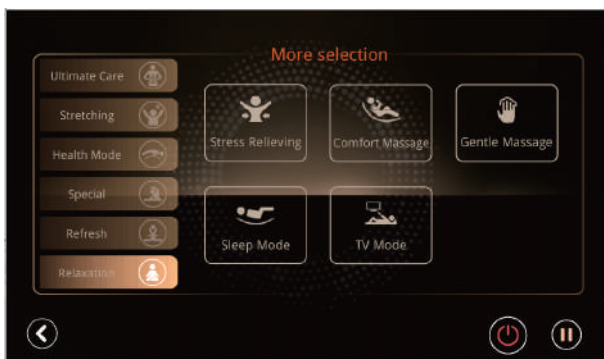
Sport Recovery: Relieve body muscle soreness after exercise, like, neck, shoulders, back, waist, legs and other tired area, which can stretched the muscles and bones, and accelerate muscle recovery after exercise.

Brain Refresh: With heavy massage intensity, focusing on shoulder and neck massage, aiming at relaxation on the shoulder and neck, restore your body and mind to a good state.

Office Regimen: Gentle massage intensity, gently caressing the whole body, promoting blood circulation, and relaxing the body and mind.

Vitality Mode: Gentle and comfortable massage, relieve physical fatigue, relax the body and mind and enhance vitality.

Name and Function of Components



Relaxation: Five massage programs for daily relaxation, Stress Relieving, Comfort Massage, Gentle Massage, Sleep Mode, TV Mode.

Stress Relieving: With gentle massage intensity. Knead the whole body, promote blood circulation, relax the body and mind, effectively relieve various discomforts caused by long-term continuous work, relieve the tense body muscle and eliminate the whole body fatigue.

Comfort Massage: With moderate massage intensity, a massage program specially designed for female users. Shape a graceful figure without any burden.

Gentle Massage: The lowest massage intensity and speed, gently relax the whole body.

Sleep Mode: The massage intensity is gentle, combined with the up and down of the back, it can relieve fatigue and help sleep, relieve tension, and enjoy a good sleep. (In this mode, the display will switch to a sleep-aiding background picture and turn on the background music automatically).

TV Mode: With gentle intensity, suitable for older users, which can effectively restore physical vitality and promote blood circulation.

Name and Function of Components

Manual message

Key	Adjustment of Massage Ball	Display
Techniques	Knead	
	Tap	
	Knead&Tap	
	Knock	
	Shiatsu	
	4D Method: can be used in combination with other five massage techniques	
Massage Width	Wide/Medium/Narrow can be adjusted	
Speed	6-speed levels can be adjusted	
4D Strength	6-strength levels can be adjusted	
Manipulator Up	Long press to control massage position adjustment	
Manipulator Down		
Focus Zone	Spot: Massage in spot position	
	Region: Massage in a small area forth and back	
	Whole Body: Massage the full back back-and-forth	



Name and Function of Components

Air massage

Key	Description	Display
Airbags Massage	Calf: Focus on calf airbags massage	
	Arm: Focus on arm airbags massage	
	Shoulder: Focus on shoulder airbags massage	
	6-intensity levels can be adjusted	Airbags Intensity

Foot roller massage

Key	Description	Display
Roller	Press this button and turn on / off foot roller massage and there are 3-intensity levels can be adjusted.	

Calf kneading

Key	Description
Calf Kneading	Press this button to turn on/off the calf kneading



Name and Function of Components

Calf kneading

Key	Description
	Press this button to turn on/off the heating

Health Detection

Key	Description	Display
Health Detection	Find the health detection button and click it to enter the health detection page. The massage chair will slowly reset. After reset, cover the detection glass with your fingers completely. Do not use force or leak light. After 20 seconds, the detection is completed and the page will show various body data: diastolic blood pressure /systolic blood pressure /blood oxygen/heart rate /microcirculation Note: The test results are for reference only.	



Name and Function of Components

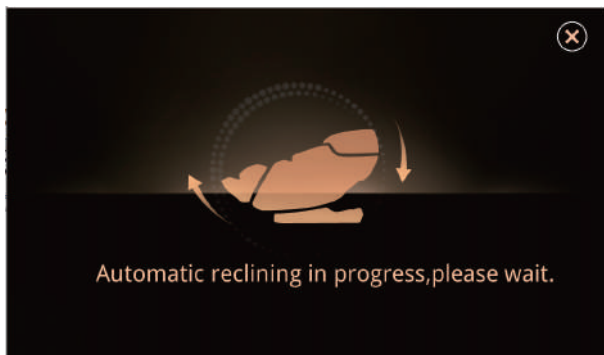
1.Power-on Interface

Press the small button on the upper right corner of the hand controller to turn on the device and enter the power-on page.



2.Startup Procedure

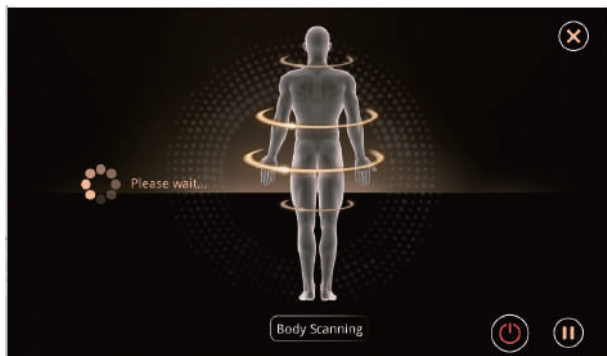
Once powered on, the massage chair will initiate a self-check process on its interface.



Name and Function of Components

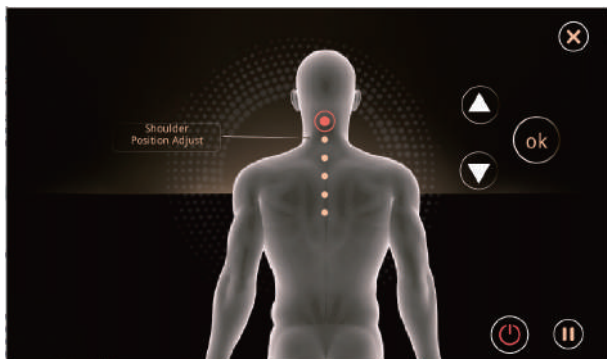
3. Smart Posture Detection

Upon startup, the chair initiates the smart posture detection process. This function automatically adapts the massage position to the user's body size for optimal comfort. Press "⏸" to pause the detection, "✕" to skip it, and "⏻" to power down directly.



4. Shoulder Position Detection

After the posture detection is completed, the massage chair will automatically enter the shoulder position detection. Then, long press the "Up/Down" buttons to control the upward and downward movement of the rollers. When the rollers are in the ideal position, press "ok" to confirm the position, "⏻" to pause the detection, "⏸" to skip the detection, and "✕" to shut down directly.



Name and Function of Components

5. Techniques

In manual mode, press the "Technique" button to choose from the 11 techniques and three massage width. The lower part allows manual adjustment of Speed, 4D Strength, Airbags Intensity.



Key	Adjustment of Massage Ball	Display
Techniques	Knead	
	Tap	
	Knead&Tap	
	Knock	
	Shiatsu	
	4D Method: can be used in combination with other five massage techniques	
Massage Width	Wide/Medium/Narrow can be adjusted	
Speed	6-speed levels can be adjusted	Speed
4D Strength	6-strength levels can be adjusted	4D Strength
Airbags Intensity	6-intensity levels can be adjusted	Airbags Intensity

Name and Function of Components

6.Focus Zone

In manual mode, press the "Focus Zone" button to choose among Spot, Region, Whole Body. The position of the massage balls can be adjusted up and down using "▲" and "▼" buttons.



Key	Adjustment of Massage Ball	Display
Focus Zone	Spot: Massage in spot position	
	Region: Massage in a small area forth and back	
	Whole Body: Massage the full back back-and-forth	
Manipulator Up	Long press to control massage position adjustment	
Manipulator Down		
Speed	6-speed levels can be adjusted	
4D Strength	6-strength levels can be adjusted	
Airbags Intensity	6-intensity levels can be adjusted	

Name and Function of Components

7. Airbag Massage

Enter the manual mode and select from various airbag positions for Calf, Arm, and Shoulder.



Key	Description	Display
Airbags Massage	Calf: Focus on calf airbags massage	
	Arm: Focus on arm airbags massage	
	Shoulder: Focus on shoulder airbags massage	
Speed	6-speed levels can be adjusted	
4D Strength	6-strength levels can be adjusted	
Airbags Intensity	6-intensity levels can be adjusted	

Name and Function of Components

8. Sitting Posture Adjustment

Enter the sitting posture adjustment page by clicking the button. There are three levels of zero gravity mode. The back up&down, leg extend&shorten, leg up & down and calf kneading switch can be freely adjusted.



Back Up&Down Adjustment

Display	Description
	Back Up: Press and hold this button to slowly raise the the backrest.
	Back Down: Press and hold the button to lower the backrest.

Leg Extension/Shorten Adjustment

Display	Description
	Leg Extend: Press and hold this key to manually adjust the footrest to extend and release it to stop.
	Leg shorten: Press and hold this button to manually adjust the footrest to shorten and release it to stop.



Name and Function of Components

Leg Up/Down Adjustment

Display	Description
	Press and hold this button to raise the legrest slowly, and release it to stop rising; after the legrest rises, the legrest will automatically detect the length of the feet.
	Press and hold this button to lower the legrest slowly, and release it to stop descending; after the leg rest is lowered, the legrest will automatically

Zero-Gravity Adjustment

Display	Description
	There are three Zero-Gravity modes, press it to switch the Zero-Gravity mode or stop.

Calf Kneading

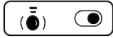
Key	Description
Calf Kneading	Press this button to turn on/off the calf kneading

Name and Function of Components

9.Settings

Enter the settings interface to adjust brightness levels, sound volume, Bluetooth on/off, LED light on/off, screen off time, massage time, and choose from different language options.

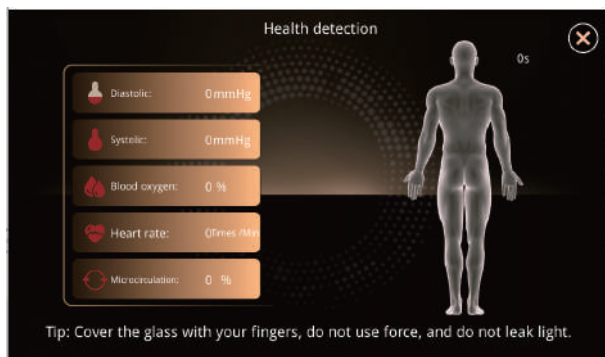


Display	Description	
Brightness	5-bright levels can ba adjusted	Brightness 
Volume	5-sound volume can ba adjusted	Volume 
Bluetooth	Bluetooth on/off	
LED Light	LED Light on/off	
Screen off time	3 Min/10Min/30Min/Screen on, Four options to choose from.	
Massage Time	10Min/20Min/30Min to choose from; Click “default program” to choose the automatic program you like. The massage chair will automatically run this automatic program when it is turned on again.	
Language	中文/English/繁体, three language to choose from	

Name and Function of Components

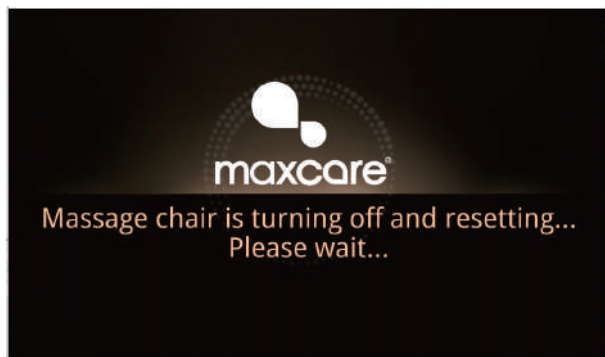
11. Health Detection

Find the healthy button and click it to enter the health detection page. The massage chair will slowly reset. Then, please completely cover the detection device with your fingertip. Do not use strong intensity or leak light. After 20 seconds, the test will complete and the page will show various health data.



11. Shutdown Interface

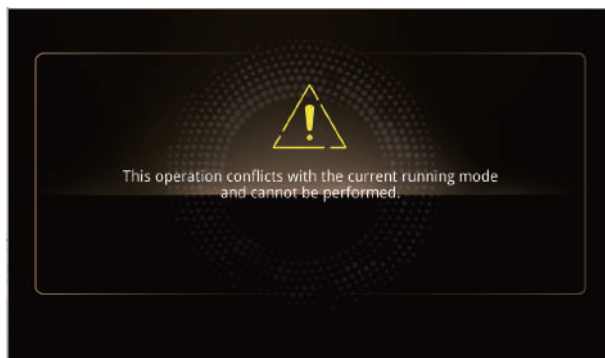
Click "⏻" to enter the shutdown interface .



Name and Function of Components

12. Function Conflict

When this page appears, it means that the current operation conflicts with the currently running program and the current operation cannot be performed. For example: when running knead, knead & tap and other techniques, this page will appear when adjusting the massage width.



CAUTIONS

*When adjusting the leg massage unit, please do not sit in the massage chair. Pressing down suddenly on the leg component can cause damage to the mechanism.

*Moreover, it may even cause the chair to overturn, resulting in unexpected injuries.

*Before sitting in the massage chair, please ensure that the backrest is in an upright position. Adjust the recline angle according to personal preferences after sitting

*Do not place hands or objects in the gap between the seat and the leg unit to prevent potential injuries

*When adjusting the angle, make sure there are no obstacles or small animals behind or under the backrest and leg unit.

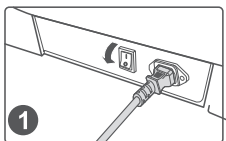


How to Use

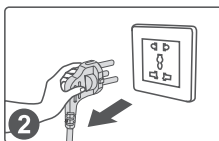
II. Turn off power, stop massage

- During the massage, press the power switch to turn off all the massage functions, the backrest and leg rest will reset. When the massage time is up, all the massage functions are immediately turned off, and the backrest and leg rest will not reset.
- Cut off the power supply, the figure shown below.

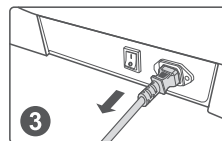
Turn off the power switch ("0" position)



Schematic diagram of pulling out the power plug



Remove the power cord



III. Bluetooth connection instructions

Connect the smart devices (such as smartphones and tablets) Bluetooth to the massage chair. Music can be transmitted wirelessly via Bluetooth to the massage chair to play.

1. To turn on the smart devices' Bluetooth function in "Setting". It will automatically search for new Bluetooth devices.
2. The smart device will search for the corresponding Bluetooth model. Just press "Match" to complete the matching.
3. Open the "Music Player" to select the song to play.

 Cleaning and Maintenance**Cleaning**

- Before cleaning, please make sure the switch has been turned off and the power plug has been disconnected from the socket.
- Use soft cloths to clean the surface of product and control panel.

**CAUTION**

- Do not pull the plug from the socket with wet hands.
- Please do not rinse the product. Avoid water/ liquids from getting into the product.
- Do not use corrosive cleaning agents like benzene or thinner to clean the product, otherwise, the color of product will fade, and the internal parts may be corrupted or broken.
- Do not disassemble the product when it is humid. Simply let it dry.

Maintenance

- Make sure that the plug has been disconnected from the socket before maintenance.
- Keep the product clean and away from high-temperature/ humid areas, or any environment with volatile gases.
- If this product is to be left idle for long, properly cover it with a dust cover (self-purchase).

**CAUTION**

- Please keep the product away from direct sunlight, or high temperature, to avoid fading or product damage.

Kindly reminding

- If the product is used through the year, please check conditions as below:
 - * Burnt smell.
 - * Unstable power supply after contact with the power cord.
 - * Power cord heating up.
 - * Power cords damage.
 - * Other abnormalities.

**CAUTION**

- If above mentioned happens, please stop using the product.
- Switch off the power supply, pull out the plug, and contact us.
- Do not disassemble the product by yourself.



Maintenance and Cleaning of PU Leather

PU leather is made by the coating and drying of polyurethane. Compared with genuine leather, PU leather is more resistant to tear, heat and sunlight. Depending on its nature and chemical substances, however, it should be kept away from many dusty, high/low-temperature, humid environment, under direct sunlight or places with corrosive substance. Otherwise, the leather could tear, quickening aging and hydrolysis.



Cleaning

1. Please do not use organic reagent or grease solution, especially strong solvent, e.g. alcohol, turpentine and thinner, to clean the surface of the PU leather. Otherwise it will corrode the surface.
2. Please do not use water or washing powder to clean the surface of the PU leather. Otherwise there will be cracks.
3. When cleaning the surface of the PU leather, choose a cleaning agent that has a pH value of between 5~7, no dentifrice, and is harmless to the environment.
4. For dirty PU surface, apply egg whites to the surface using a piece of soft cloth. Avoid using a brush for cleaning.



Maintenance

1. Keep a good ventilation indoor, overly dry or humid environment can accelerate the aging of leather
2. Please keep the product away from direct sunlight or air vent, otherwise the leather will be hardened. Direct sunlight will also cause fading.
3. People are generally sweeter in summer. The holes on the surface of the leather will absorb sweat. While heat and high humidity prompt the chemical reaction between certain substances in sweat and the leather, and hence, causes smell. Please clean the surface more often with a piece of lightly wet cloth.
4. Please do not use alkaline cleaning agents on the leather. It will adversely affect the elasticity of the leather and lead to cracks as a result.

? FAQs and Solutions

The following symptoms do not indicate malfunction. Please check the below phenomenon to find out the solution before contact customer services department. If the problem still cannot be solved, please do not dismantle or repair the product. You should stop using it and contact us immediately.

Fault	When the calf mechanism or the backrest reaches a certain position, press the corresponding adjustment button and it will no longer change, and a continuous "beep, beep" sound will be emitted.
Solution	Due to product structure design and ergonomic requirements, this product has a restricted protection design for the posture adjustment. There will be a reminder sound when the limit is reached.

Fault	The function does not work or some functions do not work after the massage chair is turned on.
Solution	After the massage chair is turned on, it is necessary to select an automatic massage program. If there is no operation, the machine will automatically shut down after 20 minutes. If the manual operation mode is selected, the unselected functions may be closed, and the working mode needs to be manually set.

Fault	The massage head did not reach the shoulders or neck.
Solution	If the head does not touch the head cushion or the back does not touch the backrest, the shoulder position may be lower than the actual position during the body shape detection process. Make sure to rest your back on the backrest and rest your head on the headrest. Then start again.

Fault	Cannot be turned on
Solution	1. The adapter has not been well connected. Please connect the adapter properly. 2. The power switch is off. Please switch on the power button. 3. The power plug has not been well connected. Please connect the plug to the socket properly

Fault	Abrupt stop during operation
Solution	1. Power disconnected. Please check if the power cord is connected. 2. Rated working time (20 minutes) is up and sleep mode is on. Please press the power button to restart. 3. The machine has been in use for too long, causing overheating protection. Please press the power button to restart the machine after cooling down . 4. The massage hands are stuck. Please reduce the pressure on the product.



Product Specifications

Product Name	: Yoga Chair
Product Model	: MAX-B02R60
Rated Voltage	: 220V~ 50Hz
Rated Power	: 150W
Rated Time	: 20minutes
Noise	: ≤ 55dB
Product Gross Weight	: 137.2kg
Product Net Weight	: 108kg
Product Size (Erected)	: L1590*W760*H1185mm
Product Size (Stretched out)	: L1970*W760*H840mm
Safety structure	: Class I
Compliance	: GB4706.1-2005 GB4706.10-2008



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