

V-SHAPED

EMS PATCH



Instruction Manual

MAX-M01MC0569

Please read this manual carefully before using V-shaped EMS patch.



This is not a medical device. It is only intended for general physical conditioning. No medical claims are implied or guaranteed using the product.

Caution

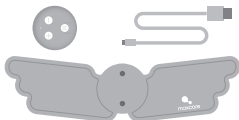
1. DO NOT use on head, throat, chest or genital area.
2. DO NOT place on any wounds, swollen, infected or inflamed areas.
3. DO NOT place on sensitive skin, or areas with skin conditions or nerve damage.
4. DO NOT use during pregnancy, on the abdomen during heavy menstrual flow, or immediately after childbirth.
5. DO NOT use after any recent surgical procedure, including Caesarian section.
6. DO NOT use while sleeping, driving or operating heavy machinery.
7. DO NOT use on children.
8. DO NOT use when there is a tendency to hemorrhage following acute trauma or fracture.
9. DO NOT use on areas with severe varicose veins.
10. DO NOT use if there is suspected or diagnosed epilepsy, heart condition or multiple sclerosis, or if there is a risk of embolism.
11. DO NOT use if carrying a pacemaker.

Product Specifications

Product Name	: V-shaped EMS patch
Product Model	: MAX-M01MC0569
Working Voltage	: 3.7V
Electric Current	: 20mA
Rated Power	: 74mW
Net Weight	: 45g
Product Size	: EMS Controller : 45 x 45 x 10 mm Electrode gel pads : 250 x 59 x 2 mm
Packaging Size	: 280 x 113 x 35 mm

Package includes

- EMS Controller
- Electrode gel pads (reusable)
- USB charging cable
- Instruction manual



How to Operate

Charging

1. Plug the micro USB end of the USB cable into the USB charging port at the bottom of the EMS Controller. Plug the other end of the USB cable into a 5V USB plug.
2. The charging indicator light turns red when it is on charge and light off when it is fully charged.
3. After being fully charged for 1 hour, the device can work continuously for 200 minutes.
4. If the device becomes unresponsive to the power button, the battery may be too low to operate. Please put the device on charge.

How to use

1. Connect the patches to the controller.
2. Peel the protective film off the patches, and then place them on your skin.
3. Press and hold the "M" button for 2 seconds to begin massage. The blue light will be on.
4. 10 intensity levels available: press "+" to increase intensity; "-" to decrease. The power-on default as level one.
5. Press the "M" button to switch the massage mode. 5 cyclical modes: blue light flashes once for the automatic cycle mode, blue light flashes twice for the knocking mode, blue light flashes 3 times for the kneading mode, blue light flashes 4 times for the tui-na mode, blue light flashes 5 times for the massage mode. Automatically switched off after 30 minutes of use. Press and hold the "M" button for 2 seconds to restart.
6. Press and hold the "M" button for 2 seconds to turn off. The blue light will be off.
7. Please be reminded to stick the protective film onto the patches after use.

Note

- You can only adjust the mode and intensity level when the device is on and when the patches are in contact with the skin.
- Electrode gel pad can be used for around 30 times. Do not place and remove from the skin if you do not intend to use it.
- If the patches are not properly placed on skin, the skin being too oily or wet, or if the patches are too damaged to function, there could be mild discomfort.

Maintenance

- Do not store the device in humid or hot places.
- Do not immerse the device or connection wire in water.
- If the patches are dirty or lose their viscosity, wipe them gently with a piece of damp cloth, or place them under running water. Do not use irritating soaps. Allow to dry thoroughly before use.

Recommended Usage

- Once or twice daily; each session should not exceed 30 minutes.

FAQs and Solutions

Problem	Possible Causes	Solution
Signal light is off	<ul style="list-style-type: none">• Controller's battery may be too low to operate	<ul style="list-style-type: none">• Please put the controller on charge
Not working	<ul style="list-style-type: none">• Did not press the "M" button• Patches not connected to skin• Intensity level set too low• Patches are damaged - inadequate conductive gel• Patches not placed properly	<ul style="list-style-type: none">• Please press the "M" button to begin massage• Place the patched properly• Press "+" on button to gradually enhance intensity• Clean the patches and replace with new ones• Turn off the device, and relocate the patches to other areas