

360° SMART SKIPPING ROBO



User Manual

MAX-E34ES008



COMPANY PROFILE

After two decades of experience in the health industry, **maxcare** founder utilized his knowledge and expertise in massage therapy from an Asian-Pacific perspective to establish our brand - **maxcare**. Our massage therapy business was expanded to Hong Kong in 2012 and is conferred 2017 Hong Kong Top Brand Award. Based in Hong Kong, we are specializing in design & innovation, manufacturing, and retailing of massage and healthcare products.

Believing in the value of 'Technology improves our quality of life' and 'Caring for your family', **maxcare** has been innovating highly qualified products with international patents. Besides, **maxcare** products fulfill various international safety standards, namely EU CE Mark, US UL/ETL Mark, Germany GS Mark, TUV certification, and China CCC Mark.

Motivated by our value, **maxcare** founder has been leading us to be one of the most competitive brands in Hong Kong health industry. **maxcare** applies the contemporary fashion design – neat and modern – on the mechanical engineering of massage chairs. To deliver our value and offer incredible massage experience and healthcare solution to the public, **maxcare** devotes to the innovation, design, manufacturing the top-notch family massage products. By integrating the company philosophy – Spirit Of Healthy Life - into our products, **maxcare** brings health to everyone.

360° SMART SKIPPING ROBO

Thank you for purchasing the Maxcare products. Before using the product, please read this manual thoroughly, particularly the Safety Precautions section, for the correct use of the product.

This manual should be well kept for easy reference. It enables you to perform a safe and efficient operation.

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Safety Precautions



1. Safety Points to Note

- Please read this manual instruction carefully before operation.
- People who suffered from knee, spine, waist or leg injuries: should consult a doctor before use.
- People who are overweight: Jumping causes extra pressure on knees. And together with the body weight, it could be harmful for overweight people. This product may not be suitable for people with heavy weight.
- Elderly people and people with osteoporosis: Long-term jumping causes a lot of pressure on the knees.
- People with varicose veins: While rope skipping requires mainly the movement of the lower body, repeatedly jumping exercise could easily cause the swelling of the lower extremities and lead to the deterioration of the condition.
- When in use, sliding or transporting, please ensure that there are no people or pets nearby (the back, bottom, front and sides of the product), to avoid accidents.
- Please use well-grounding power supply suited to this product.
- Please pull out the plug after use or before cleaning to avoid injury or damage to the product.
- Don't use accessories which are not recommended.
- Any other usage that is not listed in this manual instruction is forbidden.
- Please don't use it if the cover or accessories is damaged.
- Please don't use it within one hour after having meal.
- Don't abruptly start intense exercise on the machine, especially for those who don't work out often.
- If the power cord is damaged, don't attempt to change on your own. Please contact us for repair for safety reason.
- It is forbidden to place heavy objects on top of the product.
- It is forbidden to use while drunk or sick.
- It is forbidden to put fingers or other foreign objects into the gaps, to prevent harm or malfunction.
- It is forbidden to operate the console with wet hands.
- Do not disassemble the internal components of the product to avoid the potential damage.
- Anyone else, except maintenance personnel specified by our company, should not disassemble, maintain, or remodel this product. If any problem, please contact us immediately.



Safety Precautions



2. Environment for usage

- Please don't use it under high temperature and moist environment such as bathrooms.
- Please don't use it immediately while the environmental temperature changes sharply.
- Please don't use it under heavy-dusty or caustic environment.
- Please don't use it where there is not enough space or not good ventilation.
- Please switch off the power and unplug the machine after use.
- Please don't use it when surrounding temperature is up to 40°C.
- Please don't use it when surrounding temperature is below 5°C. The lubricant can thicken quickly and increase the friction between parts.
- Do not use during lightning strikes and pull the power plug away from the power socket.
- Don't use outdoor.
- Don't place it near fire or directly under the sun.
- Place the product on a flat surface.
- When moved from a low-temperature storage to a warm environment, the moisture inside the machine may affect, or damage, its functionality. Please rest the product within room temperature for 1 hour before use.



3. People who have the below symptoms, please consult a doctor before use

- People who have swollen or inflamed feet
- People who have pins or screws inside the body, or artificial joints.
- People who are receiving medical treatment, especially physically unfit, are not suitable to use this product.
- People who have cancers, acute illnesses, heart diseases, or severe high blood pressure, etc. are not suitable to use this product.
- Pregnant women or women that are in menses period are not suitable to use this product.
- People who are suffering from fever are not suitable to use this product.
- People who are suffering from heart diseases or carrying electronic medical equipment such as a heart pacemaker are not suitable to use this product.
- People who got injured or skin diseases are not suitable to use this product.
- Children under 14-year old or people mentally unbalanced without being supervised are not allowed to use this machine.
- People who are told by doctor to have rest or people who feel unwell.
- People who have/ had back pain, or legs, waist, neck numbness/ injuries (disc herniation, spondylosis and cervical protrusion, etc. patients) are not suitable to use this product.
- People who are overweight are not suitable for use.



Safety Precautions

- People who have rheumatoid arthritis, rheumatism, gout are not suitable to use this product.
- Elderly people and people with osteoporosis.
- People who have respiratory difficulties are not suitable to use this product.
- People who have blood circulation problems such as thrombosis, severe aneurysm, or acute venous tumor, are not suitable to use this product.
- People with varicose veins.
- People who have perception disorders due to diabetes are not suitable to use this product.
- People who have spinal abnormalities or spine curvature disorders are not suitable to use this product.
- People whose health condition is poor are not suitable to use this product.
- People who aim for recovery are not suitable to use this product.



4. Safety

- This device have auto-protection function; When any accident happened (like sudden stop manually or other reason), the machine will automatically terminate power supply after 10 seconds in order to protect motor and other electronic components.
- The correct usage of this product is to relax the legs/ arms. The machine will direct the physical movements of the said legs/ arms. No external force to move in the opposite direction is allowed.
- Only one person at a time.
- Recommended usage time of this product is within 30 minutes/ session.
- Please make sure the product is correctly and firmly assembled every time before use to avoid accidents.
- This is a household item - not suitable for public use such as in schools or gyms.
- Please don't use it other than for training purpose.
- Please wear suitable clothing to avoid any clothing items being pulled into the machine.
- Don't use other therapy devices while using this product.
- This product is not to be used for medical treatment purpose.
- It is possible to place a mat underneath the machine to avoid damage to the floor.
- For safety reason, maintain a minimum of 0.5m between the prdcut and others when use.
- Do not allow water to get into the product, to avoid electric shock or damage to this product.
- Do not use wet cloths to clean the electric parts such as the switch and plug.
- Be away from this product during power cut to prevent injury in case power resumes suddenly.
- Stop using this product if there appears any irregularity, and please contact us immediately.
- Stop using this product if it causes discomfort, and please consult a doctor.



Safety Precautions

- This appliance is not intended for people (including children) with reduced physical, sensory or mental capabilities, or a lack of experience and knowledge, unless they are under supervision or instruction concerning the use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they don't play with the appliance.
- This product is not designed for long-time use. Allow a 30-minute break (power off) for every one hour use. Long-time use could cause overheating and malfunction.
- Please plan workout routine according to own health condition and fitness. Inappropriate or excessive training could be harmful.
- If the product is found damaged, broken, suffering from power leakage, or with exposed parts, please stop using it.



5. Maintenance

- This product should be maintained by us, users are prohibited to disassemble or maintain by themselves.
- Please always turn off the main power after use.
- Do not use this product if the socket is loose.
- If this product is to be left idle for long, please tie up the power cords and keep it in dry and dustless environment.
- Don't keep this product at a high temperature or near fire. Don't keep under direct sunlight.
- Please clean this product with dry cloths. Don't use thinner, benzene or alcohol.
- The mechanical components of this product are specially designed and made, it is not necessary to be specially maintained.
- Please use it intermittently; don't keep it continuously running for long.



6. Solution of ordinary malfunctions

- If can't work normally, please check the plug and socket if they are connected, and make sure the switch is turned on.
- It is normal if the motor makes noises during operation.
- If the rated working time is over, the power will automatically go off. If this product works continuously for too long, the temperature control will automatically turn off the machine, if so, please allow a 30-minute break before resuming.



Name and Function of Components



70cm Soft Rod x1



Remote Control x1

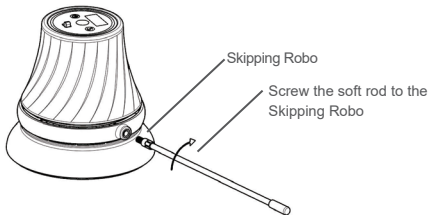


Type-C USB Cable x1



Instruction Manual x1

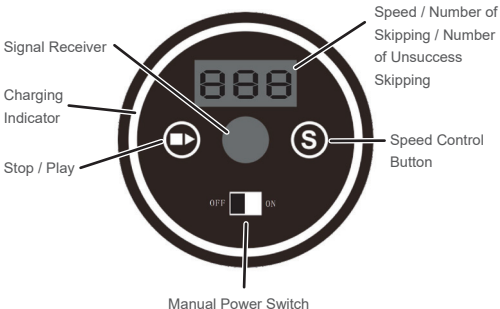
- Place the unit on clean flat ground. Insert and screw the soft rod clockwise to the Skipping Robo unit. Make sure the soft rod is properly fixed to the unit.
- In radius 1M, make sure no strange objects that potentially block the spin action.





Name and Function of Components

Control Panel & Remote Control



Control Panel

- A. Manual Power Switch – To start the Skipping Robo, switch on
 B. Stop / Play – after switching on the unit, press the play button to start the skipping. The initial speed is 1.
 C. Speed Button – 10 Speed settings.

Speed	1	2	3	4	5	6	7	8	9	10
RPM	70	80	90	100	110	120	130	140	150	160

- D. Display: It shows the number of skipping. When pressing the “S” button, it will show the speed and blinks for 5 seconds. When the soft rod hits, the display will show the number of unsuccessful skipping and blinks for 5 seconds then, it continues to show the number of successful skipping.
 E. Signal Receiver – it receives the signal from the remote control.



Name and Function of Components

F. The Skipping Robo can be charged by 5V charger. The USB – Type C cable is included.



G. During charging, the indicator shows RED. When fully charged, the indicator shows GREEN. (Never use power bank as continuous power supply)

H. In each play, the POWERHOP runs 20 minutes and will enter the standby mode after finishing.

Remote Control



Stop / Play the skipping

Standby / Sleep mode button (when the manual switch is ON).

+ - Increase the speed by 1. / Decrease the speed by 1.

P Button: P0 – Single soft rod counter. / P1 – Double soft rod counter.

M Button: Quick switch between speed 3, 6, 9.

Important: 1. Remove the insulation sheet from the battery case.
2. Always point the remote control to the skipping rope receiver when use.

Important Notes

- Before using the product, consult a doctor and get a body check-up. It is advised to get doctor's approval prior to any frequent and intense workout. In case of discomfort while using the product, stop immediately and consult a doctor. Correctly use this product as it is designed to be, read carefully this manual before workout.
- When unattended or idle, keep away children and pets.
- Before use: Plan workout routine based on body condition. Those who have not exercised for years, or are overweight, increase workout duration gradually – adding a few minutes every weekly is fine.



CAUTION

Mindfully assemble the product, do not break.

 **Cleaning and Maintenance****Cleaning**

- Before cleaning, please make sure the switch has been turned off and the power plug has been disconnected from the socket.
- Please use a piece of damp cloth to clean this product. The cloth can be soaked in soap water first, but please dry it to damp before cleaning.



- Do not pull the plug from socket with wet hands.
- Rinsing this product with water is not allowed.
- Do not use corrosive cleaning agents like benzene or thinner to clean the product, otherwise, the color of product will fade, and the internal parts may be corrupted or broken.
- Do not disassemble the product when it is wet.

Maintenance

- When not in use, turn off the main power.
- Keep the product clean and away from high temperature/ humid areas, or any environment with volatile gases.
- If this product is to be left idle for long, properly cover it with a dust cover (self-purchase)
- No additional maintenance is needed for this product.
- If the screen is not working or error, please check with the table below.

? FAQs and Solutions

Error	Reason	Solution
The remote control cannot control the POWERHOP	Battery voltage too low.	Replace with new battery
	The insulation sheet at battery not removed yet	Remove the insulation sheet.
	The remote control is not pointing to the receiver.	Remove the insulation sheet.
	The remote control is out of order.	Send for repairing.
POWERHOP stops working	Battery voltage too low.	Charge the unit before using
	The manual switch is off.	Switch to ON
	The POWERHOP is out of order.	Send for repairing.
Unable to charge	Power plug not matching.	Use 5V transformer
	The USB cable is damaged.	Use new USB cable.
	The POWERHOP is out of order.	Send for repairing.
The POWERHOP is out of order.	The battery is dry out	Charge the unit before using
	POWERHOP is blocked from spinning	Switch off the unit and turn on.
	POWERHOP is damaged	Send for repairing.

If the abnormal situations remain unsolved after taking above solutions, please contact us.



Technical Specifications

Product Name	: 360° Smart Skipping Robo
Product Model	: MAX-E34ES008
Input Voltage	: DC 5.0V
Rated Frequency	: 3Hz
Rated Power	: 6W
Rated Time	: 20mins
Soft Rod length	: 70cm
Product Gross Weight	: 2.1kg
Product Net Weight	: 1.8kg
Product Size	: 128x128x120mm
Packing Size	: 180x180x175mm
Compliance	: GB17498-2008



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