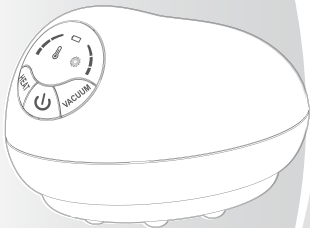


# Max Cupping

Handheld Scrapping and Cupping Device



產品使用說明書

**MAX-Z02C306**

  
maxcare®



## 企業介紹

maxcare® 集團領導人憑著二十多年生產健康按摩產品經驗，了解亞洲人對按摩產品的特別需求，創立了maxcare® 品牌，並於2012年在香港大力拓展按摩產品市場，更於2017年獲得香港名牌殊榮。maxcare® 以香港作為基地，專注於研發、生產及銷售家庭健康器械。

maxcare® 秉持「科技提升生活質量」、「用心關愛家庭健康」的服務宗旨，不斷推出創新性的高品質產品，maxcare® 產品不僅通過歐盟CE、美國UL/ETL、德國GS、TUV、中國3C等多項國際品質和安全認證，同時申報並獲得了多項國際專利。

maxcare® 在集團創立者的領導下及企業使命的推動下，現已成為香港最具競爭優勢的家庭健康按摩品牌之一。maxcare® 企業在專注於研究按摩椅技術的基礎上，融入人們對生活的全新理解——簡約、時尚的設計元素。maxcare® 本著關愛生活的健康原則，努力致力於研發、設計、生產優質的家庭健康按摩產品，為家庭和辦公室人群提供高品質的健康按摩產品和全身全方位的健康解決方案。maxcare® 將「無限關愛·源自點滴」的企業理念融入產品之中，將健康帶到每個人的身邊。

# Max Cupping

Handheld Scrapping and Cupping Device

感謝您選購MAXCARE產品，使用前請仔細閱讀產品使用說明書，並特別注意安全事項，以便正確操作及使用本產品。

本手冊提供使用者安全及有效的操作模式，請在閱讀後妥為收藏，以便日後隨時取出參閱。

## 目錄

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安全注意事項	P.01 - P.03
機件名稱及功能	P.04
使用方法	P.04 - P.06
產品的清潔、保養	P.07
常見問題及處理方法	P.08
產品技術與參數	P.08



## 安全注意事項



### 1. 重要安全警告

- 請使用與此產品匹配的電源。
- 用後或清潔前請拔離電源插頭，以免造成設備或人身損害。
- 不可使用未推薦的配件及附件。
- 請勿在室外使用此產品。
- 請仔細參閱本操作手冊之後再按本手冊指示使用此產品。
- 禁止將此產品用於本手冊未列出的其它用途。
- 建議使用時間為10分鐘。
- 使用前，請檢查機件是否破損，如有破損請立即停止使用，請聯絡本公司修理。
- 請勿將產品放置在靠近噴霧劑或剛使用過噴霧劑的地方。
- 蓋套布破損壞時不得使用此產品。
- 請勿在此產品外殼或外套破損的情況下使用。
- 請勿使任何物品落入此產品內。
- 請勿將水或其它液體弄到產品內部。
- 使用此產品過程中不可睡覺。
- 醉酒或感覺不適時請勿使用此產品。
- 請勿在進餐之後一小時內使用此產品。
- 使用此產品時請勿過分用力，以免受傷。
- 電源插頭上附著針、垃圾或水份不可使用。
- 電源線破損時，請勿私自拆卸更換，應聯絡本公司更換修理。



### 2. 使用環境

- 請勿在高度潮濕的環境如浴室中使用此產品。
- 在環境溫度急劇變化時請勿立即使用此產品。
- 請勿在灰塵嚴重或有腐蝕性氣體空間環境中使用此產品。
- 請勿在狹小空間或空氣流通不暢處使用此產品。
- 使用完畢後請關閉電源，拔掉電源插頭。
- 請勿在室溫高於50°C的環境下使用本產品。
- 請勿在室溫低於-20°C的環境下使用產品，因為潤滑油的稠化可能會加大機器齒輪傳動件的磨損，影響使用壽命。
- 請勿在雷擊時使用，並將電源插頭拔離電源插座。
- 請勿於室外使用。
- 請勿將產品放置在靠近火爐或陽光直射的地方。
- 如產品由低溫儲存處移到溫暖環境使用時，內部金屬機件可能會聚集水氣而影響產品的正常運作，甚至造成機器損壞，建議移動後將產品在正常室溫放置一小時後再開機使用。



## 安全注意事項



### 3. 如有以下症狀，請先諮詢醫生，在醫生指導下方可使用

- 傳染性皮膚病患者。
- 骨質疏鬆症患者。
- 具有心臟問題以及佩戴電子醫療器如心臟起搏器者。
- 患有惡性腫瘤、急性疾病、心臟病、嚴重高血壓等患者。
- 發高燒者。
- 孕婦或經期婦女。
- 身體有創傷或體表患病者。
- 無人監管時十四歲以下兒童及神志不清者禁止使用本產品。
- 經醫生囑咐需要休養或感覺身體不適者。
- 身體潮濕時禁止使用此產品。
- 產品有發熱功能，對熱不敏感的人使用時必須注意。
- 正在接受醫生治療者，特別是身體感到異常者。
- 有出血傾向的人。
- 有急性化膿性炎症患者。
- 皮膚有創傷者。
- 以康復為目的者。



### 4. 安全事項

- 請勿在產品上放置重物。
- 請勿在使用本機的同時使用其它治療儀器。
- 請勿用於治療目的。
- 本產品僅限一人使用，請勿兩人或以上同時使用。
- 建議每次使用本產品10分鐘內為宜。
- 檢查電壓是否符合此產品的規格要求。
- 請勿使用濕手拔插電源插頭。
- 勿使水進入此產品內，避免觸電或使此產品受損。
- 拔插電源插頭時切勿拉拽電源線，不可過於粗暴。
- 切勿使電線受損或更改此產品電路。
- 切勿任意更改產品的構造或零件。
- 切勿用濕布清潔此產品電源開關、插頭等可帶電部位。
- 如果發生停電應該離開此產品，以免電力突然恢復時導致傷害。
- 如果在使用中感到此產品異常請立即停止使用，並向本公司諮詢。
- 如果您在使用此產品期間感到身體異常請立即停止使用，並向醫生諮詢。
- 本產品不提供給身體有殘障、感觀或神經有缺陷或缺乏經驗與常識的人士（包括兒童）使用，除非他們得到那些對他們的安全負責的人員關於如何使用該產品的監督與指導。
- 兒童必須被監督以確保他們不會拿產品來玩耍。
- 如果產品損壞，為了避免危險，必須由本公司的專業人員更換。
- 不要將電源線靠近熱的或運動的物體。
- 移動前必須切斷電源，拔掉插頭。
- 如果發現產品損壞、破裂、漏電及相關部位暴露出來時禁止使用。

## 安全注意事項

- 本產品使用鋰離子充電電池。廢棄本產品前，請取出產品內置的充電電池。
- 不要用力猛壓或全身施壓在產品上。
- 切勿放置接近火源或易燃的地方，以免發生故障或意外，產品亦有機會變形、變色或損壞。
- 切勿拆解、撞擊或擠壓內部鋰電池或將其投入火中；若出現嚴重鼓脹，請立即停止使用。
- 些產品為個人護理產品，不能代替藥品或醫療器材。
- 使用後皮膚表面血管擴張，應先休息約一小時才洗澡。
- 使用時應順著一個方向刮，不要一上一下或一左一右。
- 負壓會出現吸痧現象，應等痧印消退後再使用產品。



## 5. 產品保養和維護

- 本產品只能由本公司維修。用戶不可自行拆卸或修理。
- 請記住在使用後關閉總電源開關。
- 電源插座鬆動時，切勿使用此產品。
- 若長期不用應將此產品電源線卷起，並把此產品貯存在乾燥無塵的環境中。
- 切勿將此產品貯存在高溫或明火附近。勿使陽光長期直射。
- 請用乾布清潔此產品。不可使用稀釋劑、苯或酒精。
- 本產品機械裝置經特別設計與製造，無需特別維護。
- 不可用尖銳物品刺向此產品。
- 請間歇使用，不應使此產品長期連續運轉超過30分鐘。
- 本產品含有不可更換的電池。



## 6. 常見現象處理

- 運行中發出電機聲：屬正常運作聲音。
- 本產品運作停止：額定時間到，此產品自動啟動關閉按鍵；此產品連續工作時間過長，溫控保護開關自動關機，可讓此產品休息半小時後再使用。

### 取出內置的充電電池

**警告**

除非丟棄產品，否則切勿拆卸電池。

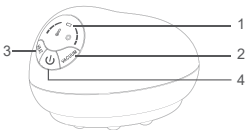
1. 切斷外接電源，拆掉產品外殼；
2. 依次剪斷連接電池的兩根電源線；
3. 拆卸下電池，用絕緣膠帶分別粘在電源線斷口處；
4. 廢棄電池請放置到固定的回收點；
5. 請遵照當地環境法律與指南丟棄，愛護環境。

**注意：**

在廢棄器具前，必須將電池從器具中取出；在取出電池時，器具必須要斷電；電池應安全地處置。

## 機件名稱及功能

1. 充電指示燈
2. 負壓鍵
3. 加熱鍵
4. 開關鍵



## 使用方法

1. 長按開關鍵啟動產品；產品進入待機模式，負壓和加熱指示燈均亮起，紅光亮起。
2. 開機狀態下，按一下開關鍵可亮起或關閉紅光；
  - 長按開關鍵可關閉產品。
3. 按一下負壓鍵可切換檔位（低→中→高→關閉→低...循環），同時嘟一聲響。
4. 按一下加熱鍵可切換檔位（低→中→高→關閉→低...循環），同時嘟一聲響。
  - 低檔溫度：38±3°C
  - 中檔溫度：41±3°C
  - 高檔溫度：44±3°C
5. 插入USB開始充電，產品停止工作，充電指示燈亮起紅色；充電完成後亮起綠色。
6. 充電時不可使用產品，長按或按一下開關鍵響四聲。

### 主要功能



加熱功能



紅光光灸



負壓功能



磁療功能



拔罐



刮痧

### 溫馨提示

此機器自帶電池，開機後電池電壓過低時，機器會紅燈快閃表示缺電，當電池電量不足，機器會自動關機，請插入外接電源對電池充電後才能正常開機，充電時間在3小時左右充滿電。

 使用方法**7大功能：**

加熱：溫灸熱敷，三檔控溫，女士更可用以舒緩宮寒腹痛

- 低檔溫度：38±3°C
- 中檔溫度：41±3°C
- 高檔溫度：44±3°C

負壓：負壓設有三度吸力，自由調節，吸痧走罐，輕鬆出痧，真空抽濕

紅光：紅光灸療把光療與灸療相結合，能舒活經絡，更有美肌護膚功能

磁療：8顆能量磁石，磁療功能平衡體內磁場，達致疏通淤塞的效果

拔罐：強大吸力抽走寒氣濕氣

刮痧：通氣血，疏通經絡，祛濕排毒

充電：USB充電設計，方便攜帶及使用

使用後可能出現暗紅、紅色、紫紅色斑點或斑塊，有些會顏色較深，「痧」有多有少，視乎個人體質。

**• 配件：**

- 電源線 X 1
- 過濾棉 X 6
- 過濾塞 X 3

**• 可拆卸過濾防堵設計**

使用儀器前，必須把過濾棉放進過濾塞，再把過濾塞放入儀器的吸力孔內，作用是能有效阻隔精油直接進入儀器內部，能有效延長儀器壽命。（請定期更換過濾棉，過濾棉經過清洗風乾，可重複使用）

**• 刮痧操作手法**

先選取自己平時用開的精油/按摩油，塗於刮痧位置，然後將產品放於已塗精油/按摩油位置順序重複刮動。刮痧主要集中在肩頸背部，有肌肉的部位。（盒內配有更換底部過濾精油的過濾棉）



 使用方法

按以下操作方法使用

頸部：由上往下刮拭

背部：由上往下刮拭

下肢：由上往下刮拭

腳底：從腳跟向腳趾方向按摩

腹部：由上向下刮拭，也可用旋轉打圈的方式操作

上肢：由上向下刮拭

#### • 刮痧注意事項

- 頸兩邊動靜脈、頭蓋骨及生殖器都不可刮痧。
- 以下人士不宜刮痧：
  - 懷孕女士的腹、腰、腰骶部不可刮
  - 皮膚潰瘍、損傷、炎症、生瘡或有腫瘤的部位不可刮
  - 容易出血、凝血能力較差、病危人士不適合刮痧
  - 心臟病、腎功能衰竭、肝硬化、全身重度浮腫者不可刮痧
  - 正在服用阿斯匹靈等抗凝血藥的人，皆不適合刮痧
  - 大病初癒、重病、氣虛血虧及飽食、飢餓狀態下也不宜刮痧

#### 拔罐注意事項

拔罐後注意事項如下：

1. 拔罐使汗孔開泄，邪氣外排，要消耗體內部分的津液，故拔罐後飲溫水兩杯，以補充體內消耗的津液，促進新陳代謝，加速代謝產物的排出。請休息一小時以上。
2. 拔罐後不可吹風扇等有風的東西，以避免風乘毛孔舒張入體。
3. 拔罐後，會使汗孔擴張，半小時內不要沖冷水澡，一定要避免風寒之邪侵襲，須待皮膚毛孔閉合恢復原狀後，才能進行洗浴，一般約12小時左右。
4. 拔罐完一般在五至七天痧退後再拔罐，平時可以再使用，以加強退痧的作用。

總結：身體有一些疾病的人與不適合拔罐的人群，使用拔罐器反而會對身體帶來傷害。因此，請務必按注意事項正確使用。

 產品的清潔、保養

## 清潔

- 清潔之前，請確認電源開關已經關閉，電源線插頭已經從插座拔出。
- 請用乾淨柔軟的棉布擦拭清潔產品。可使用肥皂水浸濕的布棉擦去污垢。在擦拭之前，請先將布擰乾。



注意

- 切勿濕手拔插電源插頭。
- 切勿用水沖洗此產品，或將水或其它液體弄到產品內部。
- 切勿使用苯或稀釋劑等具有腐蝕性的清潔劑來清潔此產品，否則可能會造成此產品褪色，此產品結構受到腐蝕、開裂。
- 此產品潮濕時，請勿拆卸或使用此產品，讓此產品自然乾燥即可。

## 保養

- 不使用時，確認電源開關關閉，電源線插頭已經從插座拔出。
- 請保持此產品清潔並遠離高濕度或高溫的場所以及有揮發性氣體的環境。
- 如果長時間不使用此產品，請用防塵罩 (請自行購買) 套住此產品，防止落入灰塵。



注意

切勿將此產品放置於陽光直接照射或高溫的場所，以免造成產品褪色及機件損壞。

## 溫馨提示

- 長期使用時，請務必檢查是否有以下症狀：
  - \* 有焦糊氣味。
  - \* 觸動導線後有時通電，有時斷電。
  - \* 電源線發熱。
  - \* 電源線是否破損。
  - \* 其它異常。



注意

- 如有上述現象，為防止故障和事故的發生，請停止使用產品。
- 切斷電源開關，拔下電源插頭，並與本公司聯絡。
- 切勿私自拆卸修理。

## ❓ 常見問題及處理方法

問題	原因	解決方法
無法開機	電池電量不足	請即時充電
	主機正在充電	充電後才使用
無法充電	充電線或插頭未接駁好	請重新連接
不放氣	產品正常運作	關機約一分鐘後排氣

如果進行了上述處理還有異常現象，請與本公司聯絡。

如果進行了上述處理還有異常現象，請與本公司聯絡。

問：使用拔罐器之後出現黑紫色印子是什麼原因？

答：拔罐器後皮膚表面會出現紅、紫、黑斑或黑皸的現象，亦即指“痧痕”，也就是出痧現象，痧痕一般5-7天自動消散。

問：使用拔罐器之後不出痧是什麼原因？

答：負壓引力不夠大，應適當調節負壓引力，避免過小或過大。不同的體質也會出現不出痧的現象（比如：氣血不足者，服藥過多者，脂肪較厚者）

問：用了熱敷功能，感覺皮膚好燙？

答：使用熱敷功能時，溫度應當先低後高，讓皮膚適應熱敷溫度，以免剛開始高溫度熱敷造成皮膚不適應。

問：傳統拔罐與拔罐器的區別是什麼？

答：拔罐器出痧快，一般是一分鐘出痧，而傳統的則需要5-10分鐘甚至更久。傳統的靠手工，拔罐器則是靠吸力，省時省力。負壓吸力大小可調，傳統的則是比較難掌握力度，舒適度就不同了。

問：拔罐器電池充滿電一次能用多久？

答：充滿電後約可以使用4天以上(每天使用10分鐘)。

## 📄 產品技術與參數

產品名稱：電子拔罐器

產品型號：MAX-Z02C306

額定電壓：5V

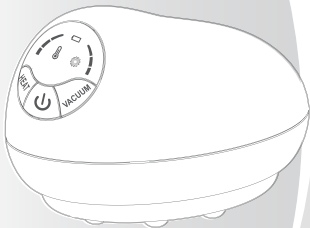
額定功率：5W

額定時間：10分鐘

充電時間：約3小時

# Max Cupping

Handheld Scrapping and Cupping Device



## User Manual

MAX-Z02C306

  
maxcare®



## COMPANY PROFILE

After two decades of experience in the health industry, **maxcare** founder utilized his knowledge and expertise in massage therapy from an Asian-Pacific perspective to establish our brand - **maxcare**. Our massage therapy business was expanded to Hong Kong in 2012 and is conferred 2017 Hong Kong Top Brand Award. Based in Hong Kong, we are specializing in design & innovation, manufacturing, and retailing of massage and healthcare products.

Believing in the value of 'Technology improves our quality of life' and 'Caring for your family', **maxcare** has been innovating highly qualified products with international patents. Besides, **maxcare** products fulfill various international safety standards, namely EU CE Mark, US UL/ETL Mark, Germany GS Mark, TUV certification, and China CCC Mark.

Motivated by our value, **maxcare** founder has been leading us to be one of the most competitive brands in Hong Kong health industry. **maxcare** applies the contemporary fashion design – neat and modern – on the mechanical engineering of massage chairs. To deliver our value and offer incredible massage experience and healthcare solution to the public, **maxcare** devotes to the innovation, design, manufacturing the top-notch family massage products. By integrating the company philosophy – Spirit Of Healthy Life - into our products, **maxcare** brings health to everyone.

# Max Cupping

Handheld Scrapping and Cupping Device

Thank you for purchasing the Maxcare products. Before using the product, please read this manual thoroughly, particularly the Safety Precautions section, for the correct use of the product.

This manual should be well kept for easy reference. It enables you to perform a safe and efficient operation.

## CONTENT

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Safety Precautions .....	P.01 - P.04
Name and Function of Components .....	P.05
How to Use .....	P.05 - P.07
Cleaning and Maintenance .....	P.08
FAQs and Solutions .....	P.09
Technical Specifications .....	P.10



## Safety Precautions



### 1. Important safety warning

- Please use well-grounding power supply suited to this product.
- Please pull out the plug after use or before cleaning to avoid injury or damage to the product.
- Do not use unauthorized accessories.
- Do not use this product outdoors.
- Please read this manual instruction carefully before operation.
- Any other usage that is not listed in this manual instruction is forbidden.
- Recommended usage time of this product is 10 minutes / session.
- Please check if any part of this products is damaged before use. If so, please do not use it and contact us for repair.
- Please keep this product away from aerosol products and areas that have been sprayed.
- Please do not use it if the cover is broken or damaged.
- Please do not use it if the shell or surface is damaged.
- Please do not drop anything into this product.
- Please do not allow water or liquid into this product.
- Please do not fall asleep while using this product.
- Please do not use it if drunk or feeling unwell.
- Please do not use it within one hour after having meals.
- Please do not adjust to the maximum intensity at the beginning of the massage to avoid the risk of being injured.
- Keep the plug clean from needles, rubbish or water.
- If the power cord is damaged, do not attempt to change on your own. Please contact us for repair for safety reasons.



### 2. Environment for usage

- Please do not use it in a moist environment such as bathrooms.
- Please do not use it when there is a drastic change in temperature.
- Please do not use it under heavy-dusty or caustic environment.
- Please do not use it where there is not enough space or not good ventilation.
- Please switch off the power and unplug the machine after use.
- Please do not use it when surrounding temperature is up to 50°C.
- Please do not use it when surrounding temperature is below -20°C. The lubricant can thicken quickly and increase the friction between parts.
- Turn off and pull out the plug during thunderstorms.
- Do not use it outdoors.
- Do not place it near fire or directly under the sun.



## Safety Precautions

- When moved from a low-temperature storage to a warm environment, the moisture inside the machine may affect, or damage, its functionality. Please rest the product within room temperature for 1 hour before use.



### 3. People who have the below symptoms, please consult a doctor before use

- People who have infectious skin diseases.
- People who are suffering from osteoporosis.
- People who are suffering from heart disease or carrying electronic medical equipment such as heart pacemaker.
- People who have cancers, acute illnesses, heart diseases, or severe high blood pressure, etc.
- People who have a fever.
- Pregnant women, women who just give birth or are in menses period.
- People who got injured or skin diseases.
- Children under 14-year old or people mentally unbalanced without being supervised are not allowed to use this machine.
- People who are told by doctor to have rest or people who feel unwell.
- People whose bodies are wet are forbidden to use this product.
- The appliance has heating function. People who are insensitive to heat must be careful when using the appliance.
- People who are receiving medical treatment, especially those who are physically unfit.
- People who a bleeding tendency.
- People who are suffering from acute purulent inflammation.
- People who have open wounds.
- People who aim for recovery.



### 4. Safety

- Please do not place heavy objects on this product
- Do not use other therapy devices while using this product.
- This product is not to be used for medical treatment purpose.
- Only one person at a time.
- Recommended usage time of this product is 10 minutes/ session.
- Check if the voltage is suitable to the specification of this product.
- Do not use wet hands to pull the plug.





## Safety Precautions

- Do not allow water to get into the product, for the avoidance of electric shock or damage to this product.
- Do not pull or drag the power cord when unplugging. Please be gentle.
- Do not damage the wires or change the circuit of this product.
- Do not alter the structure or parts of this product.
- Do not use wet cloths to clean the electric parts such as the switch and plug.
- Be away from this product during power cut to prevent injury in case power resumes suddenly.
- Stop using this product if there appears any irregularity, and please contact us immediately.
- Stop using this product if it causes discomfort, and please consult a doctor.
- This appliance is not intended for people (including children) with reduced physical, sensory or mental capabilities, or a lack of experience and knowledge, unless they are under supervision or instruction concerning the use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.
- If the power cord is damaged, it must be replaced by us in order to avoid a hazard.
- Keep the power cord away from hot or moving objects.
- Please cut off power and pull out plug before moving.
- If the product is found damaged, broken, suffering from power leakage, or with exposed parts, please stop using it.
- This product contains a lithium-ion rechargeable battery. Prior to disposal please take out the battery.
- Do not place this product near fire or where it causes fire easily to avoid accidents; the product may also deform, fade or break.
- Do not disassemble, crash or squeeze the built-in lithium-ion batter or throw it into the fire; if there is severe expansion, please stop using this product immediately.
- This product is for personal care only; it cannot be treated as drugs or medical appliances.
- Blood vessels around the surface of the skin will be expanded after use, wait for 1 hour before shower.
- Move in the same direction when scrapping, do not go up and down.
- Pressuring will cause sha-bruises, use this product again when the bruises fade away.



## Safety Precautions



### 5. Maintenance

- This product should be maintained by us, users are prohibited to disassemble or maintain by themselves.
- Please always turn off the main power after use.
- Do not use this product if the socket is loose.
- If this product is to be left idle for long, please tie up the power cords and keep it in dry and dustless environment.
- Do not keep this product at a high temperature or near fire. Do not keep under direct sunlight.
- Please clean this product with dry cloths. Do not use thinner, benzene or alcohol.
- The mechanical components of this product are specially designed and made, no special maintenance required.
- Do not point sharp objects at this product.
- Please use it intermittently; do not keep it continuously running for over 30 minutes.
- This product contains an irreplaceable battery.



### 6. Solution of ordinary malfunctions

- It is normal if the motor makes noises during operation.
- If the rated working time is over, the power will automatically go off. If this product works continuously for too long, the temperature control will automatically turn off the machine, if so, please allow a 30-minute break before resuming.

#### Removal of the Built-in Rechargeable Battery

**WARNING**

Do not remove the battery unless for disposal.

1. Cut off external power and remove the shell of the product
2. Cut the two wires, one by one, connected to the battery
3. Remove the battery. Use insulator plastic to cover the tips of the two wires
4. Bring the battery to a collection point for recycling.
5. Please follow the local environmental laws and guidance and protect the environment.

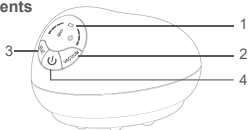
**Note:**

Please make sure the built-in battery is removed prior to disposal. When removing the battery, make sure the product is not connected to any power. The battery should be handled properly.



## Name and Function of Components

- 1 Charging Indicator Light
- 2 Vacuum Button
- 3 Heat Button
- 4 Power Button



## How to Use

- Press and hold the power button to turn on the product; it will enter sleep mode: both vacuum Button and heat indicator light and the red light will be lit.
- When the power is on, press the power button can turn on or off the red light;
  - Press and hold the power button can turn off the product.
- Press the vacuum button to switch among different pressure levels (low → medium → high → off → low ... repeat in this order), the buzzer will also beep once.
- Press the heat button to switch among different heat levels (low → medium → high → off → low ... repeat in this order), the buzzer will also beep once.
  - Low Temperature :  $38\pm 3^{\circ}\text{C}$
  - Medium Temperature :  $41\pm 3^{\circ}\text{C}$
  - High Temperature :  $44\pm 3^{\circ}\text{C}$
- Plug in the USB to begin charging. The product will stop working and the charging indicator light will turn red; it will turn green when charging is completed.
- The product does not work when charging, press and hold or press the power button and the buzzer will beep four times.

## The main function



Heating function



Red light



Negative pressure function



Magnetic therapy



Cupping



Scraping

## Gentle Reminder

The product has a built-in battery. When the voltage is too low, the red light on the product will flash to indicate low battery. It will also be automatically turned off. Please plug in the external power source to charge. Charging time is about 3 hours.



## How to Use

### 7 Functions:

Heating: acting as moxibustion with 3 temperature levels. Suitable for soothing cramps.

- Low Heat:  $38\pm 3^{\circ}\text{C}$
- Medium Heat:  $41\pm 3^{\circ}\text{C}$
- High Heat:  $44\pm 3^{\circ}\text{C}$

Air Pressure: 3 pressure levels for adjustment – cupping, getting sha-bruises and draining dampness

Red Light: combining light therapy and moxibustion, the red light therapy can dredge meridian and achieve skincare results

Magnetic Therapy: balancing the magnetic field of the body with 8 magnets to dredge meridian

Cupping: powerful suction for removing coldness and dampness

Guisha: Encouraging blood circulation, dredging meridian and removing toxin

Charging: USB charging design and easy to carry around

After cupping, the skin may become red, purple or black, which is called the “sha-bruises”. The appearance of sha-bruises depends on body constitutions.

### • Accessories:

- Charge Cable x1
- Cotton Filter x6
- Filter Cork x3

### • Removable Filter Design:

Before using the device, put a cotton filter into the cork and then insert the cork into the suction hole of the device. This will prevent essential oil from getting directly into the device, and hence, extending its life. (Please change the cotton filter regularly. Cotton filters are reusable after cleaning and drying)

### • How to Guisha:

Apply essential/ massage oil onto the targeted area, repeatedly scrape the area with the device in one direction. Guisha is usually used on neck, shoulder and back area, where there is muscles. (Cotton filters are in the box)



## How to Use

### Instructions:

Neck: scrape from top to bottom

Back: scrape from top to bottom

Lower Limb: scrape from top to bottom

Sole (Foot): scrape from ankle to toes

Abdomen: scrape from top to bottom, or in circular motion

Upper Limb: scrape from top to bottom

### • Points to Note:

- DO NOT scrape the arteriovenous on the sides of the neck, cranium or genital organs.
- The waist/ abdominal/ Lumbosacral part of a pregnant woman is not suitable for scrapping.
- Injured/ erupted/ inflamed skin surfaces are not suitable for scrapping.
- People who have a bleeding tendency or coagulation disorder are not suitable for scrapping.
- People who have heart diseases, renal failure, liver cirrhosis or severe edema are not suitable for scrapping.
- People who are taking anticoagulants (e.g. Aspirin) are not suitable for scrapping.
- People who are sick or have just recovered from serious illnesses are not suitable for scrapping.
- People who are too full or starving are not suitable for scrapping.

### Cupping Precautions

1. Cupping will open pores to release certain body liquid, please consume two cups of lukewarm water after cupping to compensate the loss of liquid and promote metabolism. Please rest for more than 1 hour.
2. Do not be in front of appliances that emits air, like fans, after cupping to avoid air from going into the body.
3. Cupping will open pores, do not rush into a cold shower in half an hour afterwards. Please wait for around 12 hours for the pores to close before shower.
4. Perform scrapping again after the sha-bruises fade (around 5-7 days).

Note: Cupping may not be suitable for everyone, it may bring harmful effects. Please follow the instruction when use.

 **Cleaning and Maintenance****Cleaning**

- Before cleaning, please make sure the switch has been turned off, and the power plug has been pulled out from socket.
- Please use a piece of clean and soft cotton cloth to clean this product. The cloth can be soaked in soap water first, but please dry it to damp before cleaning.

**CAUTION**

- Do not pull the plug from socket with wet hands.
- Rinsing this product with water is not allowed.
- Do not use corrosive cleaning agents like benzene or thinner to clean the product, otherwise, the color of product will fade, and the internal parts may be corrupted or broken.
- Do not disassemble the product when it is wet.

**Maintenance**

- When not in use, turn off the main power, and remove the plug from socket.
- Keep the product clean and away from high-temperature / humid areas, or any environment with volatile gases.
- If this product is to be left idle for long, properly cover it with a dust cover (self-purchase).

**CAUTION**

- Please keep the product away from direct sunlight, or high temperature, to avoid fading.

**Kindly reminding**

- If the product is used through the year, please check conditions as below:
  - \* Burnt smell.
  - \* Unstable power supply after contact with the power cord.
  - \* Power cord heating up.
  - \* Power cords damage.
  - \* Other abnormalities.

**CAUTION**

- If above mentioned happens, please stop using the product.
- Switch off the power supply, pull out the plug, and contact us.
- Do not disassembly the product by yourself.

## ? FAQs and Solutions

Issues	Possible Causes	Solutions
Product not functioning	Built-in battery is low	Put on charge immediately
	Main body is on charge	Use after charging
Cannot charge	Wire or plug not properly connected	Please reconnect
No gas release	Working normally	Release gas after around 1 minute after turning off

If the abnormal situations persist after taking the above solutions, please contact us.

Q: Why does my skin appear black/purple stain after using the product?

A: After cupping, the skin may become red, purple or black, which is called the "sha-bruises". Sha-bruises usually fade in 5-7 days.

Q: Why are there no sha-bruises after using the product?

A: It could be inadequate pressure when using the product. Please adjust the applied pressure accordingly. Different body types will also have different results.

Q: I used the heating function, now I feel like my skin is burning?

A: Adjust the temperature of the heating function slowly, from low to high, to allow the skin to adapt to the temperature changes.

Q: What is the different between the product and a traditional cup?

A: The product causes sha-bruises more quickly. It usually takes only 1 minute, compared to the 5-10 minutes (or more) of a traditional cup. The product also saves labor to work. Pressure level can be adjusted while that of a traditional cup is difficult to control.

Q: What is the working time of the product after a full charge?

A: The battery will be enough for 4 days (10 minutes/ day) after a full charge.



## Technical Specifications

Product Name : Max Cupping  
Product Model : MAX-Z02C306  
Rated Voltage : 5V  
Rated Power : 5W  
Rated Time : 10 mins  
Charging Time : Approx. 3 hours



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客戶服務熱線 Customer Service Hotline :  
香港 Hong Kong - (852) 2950-9383  
中國 China - (86) 400 882-1883

[www.maxcare.net](http://www.maxcare.net)  
[www.maxcareonlineshop.com](http://www.maxcareonlineshop.com)